

### Meisjes A Regio

|          |                |               |
|----------|----------------|---------------|
| 1 Leah   | van Dijk       | meetrainen D3 |
| 2 Yvette | Middendorp     | meetrainen D3 |
| 3 Lisa   | Post           |               |
| 4 Adina  | van Marel      |               |
| 5 Inge   | van der Meulen |               |
| 6 Hilde  | Sikkema        | meetrainen D4 |
| 7 Rosa   | Schat          | meetrainen D4 |

**Trainer/coach** Gerben Sikkema

**Trainer/coach** ?

### Jongens A

|         |            |      |
|---------|------------|------|
| 1 Geert | Beuneker   | H3/4 |
| 2 Arjen | Tjalma     | H3/4 |
| 3 Marko | Oosterhuis | H4/5 |
| 4 Derk  | Mellema    | H4/5 |

### Mix B 2 Rayon

|          |               |
|----------|---------------|
| 1 Femma  | van Dijk      |
| 2 Berber | Dijkhof       |
| 3 Janine | Oosterhuis    |
| 4 Floor  | van der Horst |
| 5 Mayke  | Kromhout      |
| 6 Mo     | Ferwerda      |
| 7 Gilian | Beaumont      |
| 8 Koen   | Sikkema       |
| 9 Ewout  | Schat         |

**Tainer/coach:** Roos Stek/Esther Veldman

### Meisjes A Rayon

|          |              |                        |
|----------|--------------|------------------------|
| 1 Bibian | Oele         | meetrainen D4 ? Libero |
| 2 Elise  | Medenblik    |                        |
| 3 Esther | Wetting      |                        |
| 4 Rianne | de Boer      |                        |
| 5 Lara   | van der Berg |                        |
| 6 Ilse   | Dobbelaar    |                        |
| 7 Ilana  | van overdam  |                        |

### Mix B 1 Rayon

|          |          |
|----------|----------|
| 1 Jesse  | Hoekstra |
| 2 Lars   | Bouwman  |
| 3 Lianne | Peringa  |
| 4 Pleun  | Bosscha  |
| 5 Eline  | Hoekstra |
| 6 Terra  | Sandberg |
| 7 Vera   | IJlst    |
| 8 Nynke  | Hartman  |
| 9 Jesse  | van Zon  |

**Trainer/coach:** ?

### Mix C Rayon

|             |          |
|-------------|----------|
| 1 Danielle  | Andringa |
| 2 Beau      | Kwant    |
| 3 Douaa     | Bagoë    |
| 4 Annika    | Drent    |
| 5 Ingrid    | Pieper   |
| 6 Laura     |          |
| 7 Jamie     | de Vries |
| 8 Elizabeth | Odili    |
| 9 Jip       | Stek     |

**Trainer/coach:** Alle Taco Schat